

Pre-Registration
Preferred
Walk-Ins Welcome

14th Annual

Family Fair

Saturday, March 16, 2019 8 a.m. to 2:00 p.m.

Caroline Middle School 13325 Devil's Three Jump Road, Milford, VA 22514

MORE THAN
45 VENDORS
DOOR PRIZES

Certification hours for Educators, Day Care Providers and Foster Families

- **Baby STEM** - Bring science, technology, engineering & math to infants & toddlers. Participants will learn how to enhance STEM learning in the early learning environment. *Pegi Wright, Virginia Cooperative Extension*
- **Building Your Resources** - Identify 9 resources that will help create stability in your daily life and how to build capacity in each. *Dr. JoWanda Rollins-Fells, AHA Process Consultant*
- **Celebrate National CACFP Week** - Interested in learning more about raising the quality of nutrition for children in family home care, daycares, preschools, and schools? Join us for information about National CACFP Week being held March 17-23 and find out how you can participate. There is NO requirement to be enrolled in the Child Adult Care Food Program to attend this workshop. Celebration materials will be provided to each attendee as well as opportunities to win incentives! *Carol Clark, Smart Beginnings Rappahannock Area*
- **Developmental Disability Waiver** - Information on what a Developmental Disability Waiver does & how to obtain a screening. *Jen Acors RACSB*
- **Emotional Poverty** - Understand how to reduce anger, anxiety & violence by looking at brain research and patterns of behavior in children *Dr. JoWanda Rollins-Fells, AHA Process Consultant*
- **Fun with Potter the Otter** - To teach kids of all ages how fun eating healthy can be. We will do several activities with each age group *Beth Jimenez, Virginia Cooperative Extension*
- **Grandparents and Kinship Parenting** – *Pegi Wright, VA Cooperative Ext*
- **Homebuyer Interest Presentation** - Learn how using the USDA Mutual Self-Help home buyers program. Build & own an affordable home. *Jason Tickle Caroline Habitat for Humanity*
- **In Our Own Voice (IOOV)** - NAMI In Our Own Voice is a unique public education program in which presentations consist of two trained speakers sharing their compelling personal stories of living with mental health challenges & achieving recovery. Audiences range from individuals living with mental health challenges, students of all ages, law enforcement officials & faith community members to veterans & service providers. *Cindee Dickens- NAMI Rappahannock*
- **Navigating VirginiaNavigator Family of Websites**- Find local support services for seniors, caregivers, people with disabilities, veterans & their families with a click of a mouse! Learn how to find programs & information pertaining to: health, financial concerns, housing options, legal questions, transportation, caregiver support, recreation opportunities, & much more. *Bonnie Scimone, VirginiaNavigator Family of Websites*
- **Promoting Exploration and Discovery: Toddlers and Twos** - To promote healthy brain development for toddlers and twos by supporting curiosity, exploration, and discovery. *Emily Bullen, ChildSavers*
- **REVIVE! Opioid Overdose Reversal Training** - 2 block session. *Sherry Norton-Williams RACSB*
- **Skills for Work Readiness** - Are you ready to land a paying job? Find out how to self-reflect on your skills & abilities using assessment tools. Landing a job is more than just a resume & an interview, there are numerous soft skills that are important to master early. Find out about skills you & those around you can work on, starting today, to help you be a better candidate for employment. Learn about community program opportunities designed for individuals to foster their unique skills and some advice on addressing disability-related barriers. *Jessica Weber, Rappahannock Goodwill Industries*
- **SMART Recovery Support Groups** - To support individuals who have chosen to abstain or are considering abstinence from any type of addictive behaviors (substances or activities), by teaching how to change self-defeating thinking, emotions, and actions; and to work towards long-term satisfactions and quality of life. *Cindee Dickens, SMART Recovery*
- **The ABC's of Collaboration..Back to the Basics** - Everyone collaborates but are your collaborations providing better outcomes for students? Interactive workshop families & professionals explore the ABC's of collaboration; identify key characteristics needed to make current & new collaborations effective while creating synergy between parents & schools. *Tina Norris, PEATC*
- **Understanding ACEs and Building Resilient Communities** - Adverse Childhood Experiences, known as ACEs, are a powerful determinant of public health. This toxic stress in early childhood can affect brain development and have lasting effects on learning, risky behaviors, and physical health. Together, we can help prevent ACEs and foster resiliency in our community. [2 block session] *Michelle Wagaman, RACSB*
- **Understanding the Community You Serve** - Based in the work of Ruby Payne's "A Framework for Understanding Poverty", learn about the different systems & issues that affect our community & how to help. *Dr. JoWanda Rollins-Fells, AHA Process Consultant*
- **Vaping and Adolescents** - What vaping is & is not, what chemicals & carcinogens are in vapes, how vaping affects the human brain & body, how the teenage body is so very susceptible to vaping, how companies target youth & how to talk to your teen about vaping. *Jennifer Bateman RACSB*

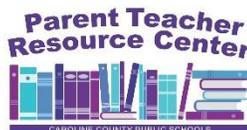
Community Service Hours for teen volunteers!

****Support our local Food Pantry by bringing canned or boxed items to Family Fair! **
Receive a door prize ticket!**

Breakfast, Registration 8:00am
Welcome/Instructions/Vendor Fair 8:30-8:50am
Session 1 - 9:00-10:00am
Session 2 - 10:15-11:15am
Session 3 - 11:30-12:30pm
Lunch 12:30-1:30pm
Closing/Wrap up/door prizes 1:30-2:00pm

Pre-Register: <http://bit.ly/CarolineFamilyFair2019>
(804) 633-7083 sgayle@ccps.us, <http://prc.blogs.ccps.us/>

PRE-REGISTRATION PREFERRED FOR CHILD SUPERVISION & LUNCH



Special Education Advisory Committee